

**The HOPE Programme- Resources**

The HOPE programme – Help to Overcome Problems Effectively – is a health and lifestyle

coaching course to support people after cancer treatment. Originally developed by Coventry

University, it is now a licensed and accredited self management programme run in partnership with Macmillan Cancer Support.

There are a range of HOPE resources available to order or download from Be.Macmillan. Including promotional leaflets, posters and course materials. **(These should only be used by Macmillan Trained HOPE Facilitator)**

For details of how to train as a HOPE facilitator yourself, please contact the Learning and

Development team in your area:

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