

WE ARE
MACMILLAN.
CANCER SUPPORT

「我的肚子
腫脹很大，
看起來就像
懷孕六個月了。」

Julia



卵巢癌的症狀

在英國，每年約有 7,100 名女性被診斷出患有卵巢癌。卵巢癌常見於 50 歲以上的女性。若您有兩位或以上近親（母親、姐妹或女兒）患有卵巢癌或乳腺癌，則您罹患這些癌症的幾率也較高。

若您出現以下任何症狀且持續三週或更久，請去看醫生：

- 感覺腫脹（胃部腫脹）。
- 很快就吃飽或食慾不好。
- 下腹或背部下側疼痛。
- 比平時尿頻、尿急。

出現這些症狀的多數女性並非患有卵巢癌。但有必要進行檢查，以防確實患有卵巢癌。

若您出現這些症狀，請不要恐懼，要去做檢查。

越早發現卵巢癌，成功治愈的可能性就會越大。

去檢查這些症狀並非是在浪費醫生的時間。

若您需要支援或只是想和別人談談，請撥打免費電話 **0808 808 00 00** 聯絡麥克米倫，或造訪 **macmillan.org.uk**

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'MY STOMACH HAD
SWELLED SO MUCH
THAT I LOOKED
SIX MONTHS
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Symptoms of ovarian cancer

About 7,100 women in the UK are diagnosed with ovarian cancer each year. Ovarian cancer is more common in women over 50. If two or more of your close relatives (your mother, sisters or daughters) have had ovarian or breast cancer, you may be at a higher risk.

If you have any of these symptoms most days for three weeks or more, see your doctor:

- Feeling bloated (a swollen tummy).
- Feeling full quickly or not wanting to eat much.
- Pain in your lower tummy or back.
- Needing to pee more often or more urgently than normal.

Most women with these symptoms do not have ovarian cancer. But it is important to get them checked in case you do.

Don't be scared if you have symptoms – get them checked.

The earlier ovarian cancer is found, the more likely it is that treatment will be successful.

You are not wasting your doctor's time by getting your symptoms checked.

If you need support or just want someone to talk to, call Macmillan free on **0808 808 00 00** or visit **macmillan.org.uk**