

**WE ARE
MACMILLAN.
CANCER SUPPORT**

**'I SAW BLOOD
IN MY URINE
AND WENT TO
THE DOCTOR.'**

David



Over 20,000 people in the UK are diagnosed with bladder or kidney cancer each year. These cancers are more common in men and people over 50.

Knowing what changes to look for and when to see your doctor could make a real difference. Don't be scared if you have symptoms – get them checked.

See your doctor if you have any of these symptoms:

- Blood in your pee, even if it's only once.
- Needing to pee suddenly or urgently.
- Pain or a burning feeling when you pee.
- A lump in your tummy.

These symptoms can be caused by things other than cancer, such as an infection, bladder stones or kidney stones. But don't try to diagnose yourself – see your doctor. It could save your life. If you do have cancer, the sooner it's found, the more likely it is to be cured.

You are not wasting your doctor's time by getting your symptoms checked.

The earlier cancer is found, the more likely it is to be cured.

If you need support or just want someone to talk to, call Macmillan free on **0808 808 00 00** or visit **macmillan.org.uk**