

Your checklist for planning ahead

You may want to use the following checklists to help you with planning ahead.

1 Your planning ahead checklist

Planning ahead record	Yes / No	Other information
Have you made a will?		Where is it?
Have you written down your wishes for your care?		Where are they?
Have you made a Lasting Power of Attorney?		Where is your Lasting Power of Attorney document? Who is your attorney?
Have you written an Advance Decision to Refuse Treatment (ADRT)?		Where is it?
Have you thought about organ and tissue donation?		Do you need to register? Who have you told?
Have you made a funeral plan?		Where is it?

2 Your contacts checklist

Person to speak to	Yes / No	Their contact details
Have you spoken to health and social care professionals about your wishes?		
Have you spoken to a family member or friend about your wishes?		
Have you involved a solicitor in your plans? For example, have you involved them in your will or Lasting Power of Attorney?		
Have you appointed someone to be the executor of your will?		

3 Your information and documents checklist

Information/document	Who knows where this is kept?	Notes
Examples: Your birth certificate		
Your bank account details		
Your life insurance policy details		
Your home insurance policy details		
Your car insurance policy details		